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MATT DAMON LAUGHS AT HIS 'RIDICULOUS' ON-SCREEN BOD, WARMS TO ELYSIUM'S IMMIGRATION THEME PAGE 7

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Emergency personnel work at the scene of an apartment building at 357 Assiniboine Ave. Tuesday, where a man was arrested after firefighters had to evacuate residents from the building. SHANE GIBSON/METRO

Man arrested after apartment block evacuated

Chemical smell. Residents left wondering if they were in danger

SHANE GIBSON
shane.gibson@metronews.ca

A man is in police custody after the smell of chemicals forced firefighters to evacuate an apartment building at 357 Assiniboine Ave. in downtown Winnipeg Tuesday morning.

A resident who lives in one of the three-storey apartment's basement units told Metro he woke up around 10 a.m. to a "really strong chemical smell" coming from his neighbour's suite.

Firefighters cleared residents from all 21 suites in the apartment block around 11:15 a.m. and spent roughly two hours securing the building, according to Winnipeg Fire and Paramedic Service No. 4 District Chief Scott Hunnie.

"It was a serious incident, but we've had the gas shut off to the building and the electricity, so the building is not a concern right now," explained Hunnie, who said the matter had been turned over to police. He wouldn't comment on what exactly firefighters found.

"This is more than a hazmat situation, so we've made the scene safe for police and safe for the arson investigator, who are on scene now."

The resident, who would only speak to Metro on condition of anonymity, said he saw his neighbour being led away by police in handcuffs after the evacuation.

"The guy has been a problem for years," said the man, before wondering if his neighbour had been trying to start a fire or blow up the building.

Police spokesperson Det. Sgt. Natalie Aitken confirmed a man was in custody Tuesday afternoon, but she wouldn't say if he is a resident of the building or what charges are pending against him.

Police, along with the Arson Strike Force, are continuing their investigation.

Quoted

"The guy has been a problem for years."

A resident who wished to remain anonymous, speaking about the man he saw taken from the scene by police

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NEWS 1

Winnipeg taps private sector to deal with city's biosolids

Sewage plan.
Request for expressions of interest must be submitted to province by October 2014

BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

The City of Winnipeg has put a call out for companies interested in reusing biosolids to keep the product out of Lake Winnipeg.

The request for expressions of interest (EOI) was made last Friday and is being done as part of the city's Biosolids Master Plan, which has to be submitted to the province by October 2014.

"An important part of developing our master plan is understanding as much as possible if there are long-term, sustainable markets for the product," said Geoffrey Patton, manager of engineering services with the city's water and waste department.

"Our goal is to develop a plan that demonstrates our commitment to environmental stewardship and regulatory compliance."

According to the city, biosolids are the nutrient-rich end-product of sewage treatment, and in 2012, Winnipeg's three sewage-treatment plants produced about 13,500 dry tonnes of biosolids.

For more than 20 years, the city's WINgro program would provide free biosolids to owners of agricultural land. This practice ended when the province brought in new rules to address concerns about nutrient overloading in Lake Winnipeg.

The city began taking the biosolids to the Brady Road landfill on Jan. 1, 2011.

Companies interested in putting forward an EOI have until the end of September to do so. The EOI will then be evaluated and presented to the public early next year, before the Biosolids Master Plan is presented to the province.

The City of Winnipeg south sewage-treatment plant, pictured, combined with two other city plants to produce roughly 13,500 dry tonnes of biosolids in 2012, according to the city. Now the city is calling for companies interested in reusing biosolids to keep them out of Lake Winnipeg. METRO FILE

By 2037

Winnipeg is expected to produce 23,000 dry tonnes of biosolids by 2037, a big jump from the 13,500 tonnes produced in 2012.
Source: City of Winnipeg

ER death a 'perfect storm' of failure, lawyer says

Winnipeg's health authority has admitted it failed a homeless aboriginal man in a wheelchair who died during a 34-hour wait in a hospital emergency room, but says race or his social status didn't play a role in the lack of treatment.

William Olsen, lawyer for the Winnipeg Regional Health Authority, told the inquest into the death of Brian Sinclair that no single person was responsible for what happened to the double-amputee.

But he said there is no doubt errors were made.

"A perfect storm occurred," Olsen told Judge Tim Preston Tuesday in his opening statement. "The WRHA failed him ... at all levels of the organization."

Sinclair went to the emergency room of Winnipeg's Health Sciences Centre Sept. 19, 2008, with a bladder infection and spoke with a nurse. The man stayed in the ER waiting room until a fellow patient notified a security guard that he was dead.

Manitoba's medical examiner found Sinclair had a blocked catheter and that the problem could have been fixed with a simple procedure. Preston will hold hearings through August and then again in October to determine how Sinclair ended up dying.

Murray Trachtenberg, lawyer for the Sinclair family, said there is little doubt Sinclair's identity and marginalization led to stereotyping and false assumptions about his need for care.

Instead of receiving care, Trachtenberg said he sat there "helpless, vomiting, his life slowly fading away."

Sinclair was told to wait to see a triage nurse and that's exactly what he did, he said.

"He waited and waited, growing sicker and weaker by the minute," Trachtenberg said. "There were numerous opportunities for medical staff to ensure he received the help he needed."

THE CANADIAN PRESS

Abandoned SUV

Police hunt St. James carjacker

Police are looking for a suspect after a man and his wife had more than just their SUV cleaned out at a St. James carwash Monday.

The 59-year-old man and his 82-year-old wife were leaving the car wash in the 500 block of Madison Avenue around 7:30 p.m. when a man with a firearm demanded they take him to a bank machine after stealing the cash they had on them, police said.

The idea backfired when the male victim began yelling for help as he and the thief got out of the hijacked car at a bank at the corner of Ellice Avenue and Empress Street.

The thief hit the man and took off with the SUV, but not until after the woman was able to get out of the vehicle.

Police found the SUV, a grey Hyundai Tucson, in the parking lot of the Cindy Klassen Recreation Centre on Sargent Avenue later Monday night.

The carjacker is described as six-foot-one to six-foot-four with a thin build. He was wearing coloured clothing with a backpack and had a shirt or sweater covering his face. METRO

Home invasion

Man accused of sexual assault

A Winnipeg man is facing a number of charges after an armed assailant tried to sexually assault a woman in a Grant Park-area home early Sunday.

Police were called to the home in the 900 block of Carter Avenue around 5:20 a.m., where a man had woken up the 25-year-old victim with sexual demands before fleeing.

A suspect was later arrested without incident.

Richard Raymond Dyck, 27, is facing charges including breaking-and-entering a dwelling house to commit an indictable offence, sexual assault with a weapon, disguise with intent and uttering threats to kill. METRO

Quebec. Father could face criminal charges after kids go car surfing

After two young girls were seen car surfing, police in Quebec have fined a 29-year-old La Pêche man and submitted his case to the director of criminal prosecutions to see if charges should be laid.

Two girls aged six and seven were seen July 17 and 18 riding on the hood of a car on Du Lac Vert Road in La Pêche, MRC des Collines police said in a news release. Witnesses called police and the force says that as a result of an investigation, charges of criminal negligence and child abandonment could be filed.

The man in question is the father of the six-year-old girl, while the other young girl is his spouse's daughter, police said.

Police said the man was fined $1,264 for allowing a person to be on an outer part of his vehicle. METRO

Massachusetts

Cardboard cop cuts crime at bike racks

The burly officer watching over the bike racks at a Boston-area transportation hub is a real stiff.

As part of an effort to cut crime at the Alewife MBTA subway and bus station in Cambridge, Mass., transit police placed a cardboard cutout of a police officer in the bicycle cage. Hundreds of people use the racks daily.

Deputy Chief Robert Lenehan says the fake cop, along with video cameras and a new lock, has cut bike thefts by 67 per cent.

It's also a money saver. Lenehan estimates it would cost $200,000 a year to have an officer watch over the cage full-time.

THE ASSOCIATED PRESS

Bill. Ugandan lawmakers accused of stifling protests

Uganda's parliament on Tuesday passed a contentious bill that critics say will make it impossible to stage street protests against the country's long-serving president, following months of confrontation between the authorities and activists who had mounted a campaign to have the legislation jettisoned.

The Public Order Management Bill was passed five days after opposition lawmakers staged a fierce attempt to filibuster its passage amid concerns it gives Ugandan police dictatorial powers to decide who can stage a public event of a political nature. On Thursday an opposition lawmaker — in an apparent bid to delay voting on the bill — tore up a roster of lawmakers to vote on the bill as the speaker looked on.

Amnesty International said Monday that the legislation "represents a serious blow to open political debate" in a country that is seeing more and more protests against President Yoweri Museveni, who has held power for nearly three decades.

THE ASSOCIATED PRESS

Senator steps down over health troubles

A timely departure?
Liberal party insists Zimmer's exit not tied to expense scandal

Rod Zimmer and his wife, Maygan Sensenberger, appear in this undated Facebook photo. FACEBOOK

A Liberal senator who made headlines in 2011 when he married a woman more than four decades his junior is stepping down amid ongoing health concerns.

Rod Zimmer's departure, made known in a letter to the Governor General, was circulated around the Senate on Tuesday, and comes against the backdrop of an ongoing scandal over improper expense claims.

A spokesman for Liberal Sen. Jim Cowan, the leader of the Opposition in the Senate, says Zimmer's resignation is strictly health related and has nothing to do with the ongoing expense review.

His resignation letter was submitted late Friday and took effect immediately, according to a copy of the notice, obtained by The Canadian Press.

Zimmer, 70, has represented Manitoba in the upper chamber since being appointed in 2005 by former prime minister Paul Martin.

A longtime Liberal fundraiser and executive at CanWest Corp. and Manitoba Lotteries, Zimmer has been in and out of hospital several times this year, most recently in May with a respiratory ailment.

He also spent nearly three weeks in hospital last spring battling pneumonia.

Sources in the Senate said the timing of the resignation took them by surprise, but it was widely expected that Zimmer would eventually give up his seat because of his continuing poor health.

Prior to being appointed to the Senate, he was diagnosed in 2003 with throat cancer but bounced back.

Zimmer raised eyebrows last year when he married Maygan Sensenberger, 23, an aspiring actress.

A spokeswoman for Liberal Leader Justin Trudeau says Zimmer notified him ahead of time about his intention to leave.

His resignation leaves four vacancies in the Senate, and diminishes the ranks of the Liberal Opposition to 34 seats.

The governing Conservatives hold 60 seats and there are seven independents, including the four at the centre of the expense scandal.

The Harper government says it is intent on reforming the Senate.

Last week, in a brief filed with the Supreme Court, government lawyers argued the federal government does not need the approval of the provinces to proceed with the overhaul, and can abolish the upper chamber even without the unanimous consent of all premiers.

The government referred the question of Senate reform to the high court last February in a bid to proceed without having to reopen the Constitution.

THE CANADIAN PRESS

Trouble in the skies

The senator's wife was found guilty of causing a disturbance during an Air Canada flight to Saskatoon last year.

- Passengers stated Maygan Sensenberger threatened to slit Rod Zimmer's throat but she claimed she was upset because her husband appeared to be having a heart attack.
- Zimmer supported his wife throughout the court proceedings and insisted repeatedly that he never felt threatened by her actions.

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Apparent python strangling leaves city in utter disbelief

Two dead. Family and friends reminisce over brothers, struggle to cope with 'bad dream'

From left, Noah Barthe, Mandy Trecartin and Connor Barthe in an undated photo. RCMP in Campbellton, N.B., said the boys, aged four and six, were found dead Monday morning. FACEBOOK/THE CANADIAN PRESS

The deaths of two boys, who police believe were killed by an African rock python while they slept at a friend's apartment, has rattled the northern New Brunswick city of Campbellton, where the children were remembered Tuesday as fun-loving free spirits.

Noah and Connor Barthe, aged four and six, were found dead Monday after the 45-kilogram snake escaped its enclosure in the apartment, slithered through a ventilation system above and fell through a ceiling into the living room where they were sleeping, police said.

Dave Rose, the great uncle of the boys, said Noah was looking forward to starting kindergarten this fall before "this awful tragedy."

Rose said the boys were spending the day with family friend Jean-Claude Savoie, who took them shopping and to a farm before they returned to his apartment.

"They were two typical children; they enjoyed life to a maximum," Rose said.

The Facebook page of the boys' mother, Mandy Trecartin, shows a mom devoted to and proud of her boys.

"My two super handsome boys sporting their Christmas PJ's," Trecartin wrote on a photo of the boys in front of a Christmas tree last year.

"I can't believe this is real," Savoie told Global News on Monday. He said he didn't hear a sound and only discovered the "horrific scene" when he went into his living room that morning. At that point, Savoie said he pinned the snake down and put it in a cage. THE CANADIAN PRESS

Autopsy, necropsy

The search for answers continues

The RCMP said the boys were found dead Monday at around 6:30 a.m. in an apartment located above Reptile Ocean, an exotic pet store.

The RCMP said Monday they believe the snake strangled the boys, but Sgt. Alain Tremblay said Tuesday investigators are waiting for the results of an autopsy on the children as well as a necropsy on the snake.

Asked why anyone in the apartment didn't appear to have heard anything, Tremblay said that was still under investigation.

The snake was later captured by Savoie, who also owns Reptile Ocean.

Reptile Ocean in Campbellton, N.B. THE CANADIAN PRESS

It was later put down by a veterinarian and sent for a necropsy to help determine what may have prompted it to attack the boys, Tremblay said.

New Brunswick's Natural Resources Department said a special permit is required for African rock pythons and that the snake's owner didn't have one.

Urban moms at higher risk of postpartum depression: Study

The symptoms of postpartum depression are more intense and last longer than the typical baby blues. ISTOCK

New mothers living in big cities in Canada have a higher risk of postpartum depression than women in less populated areas, a study has found.

Postpartum depression can occur after a woman gives birth and is a serious health risk for both women and their babies. The symptoms are more intense and longer-lasting than the typical baby blues and may interfere with a mother's ability to care for her child.

The study, published Monday in the Canadian Medical Association Journal, is based on a 2006 national survey of almost 6,500 new mothers. It found that almost 10 per cent of the women living in cities with a population of at least 500,000 reported experiencing postpartum depression.

That's compared to six per cent of new moms in rural areas, almost seven per cent in semi-rural or small-town areas and about five per cent in semi-urban areas.

"Social support was a major factor," said lead author Dr. Simone Vigod, a psychiatrist at Women's College Hospital in Toronto. "So women in large urban areas were reporting much lower levels of social support than women in all three other groups."

Many large cities also have a higher percentage of immigrants.

"And those women in particular in our study appeared to be at increased risk," explained Vigod, adding that women whose families live elsewhere may not have the same kinds of support.

THE CANADIAN PRESS

Symptoms

Most new mothers experience mood disruptions. But symptoms of postpartum depression go beyond those reactions to include:

- Loss of appetite, insomnia, intense irritability and anger, lack of joy in life, feelings of guilt or inadequacy, difficulty bonding with the baby, and suicidal thoughts.

Rights investigation

Company sorry gay couple allegedly sent to back of bus

The company that runs the shuttle service to the Albuquerque, N.M., airport's rental-car centre is apologizing after a driver allegedly ordered a gay couple to sit in the back of the shuttle bus.

Standard Parking Inc. said it respects the equal rights of all customers and doesn't tolerate discrimination of any kind. It also said the employee was suspended after the company learned in July of the late June incident.

According to a police report, one of the men involved said they'd been holding hands and that the driver ordered them to the back when one of them started to sing.

THE ASSOCIATED PRESS

'No more pain'

Baby best man dies of leukemia

The mother of a terminally ill two-year-old Pennsylvania boy who served as his parents' best man at their wedding says he has died.

The boy, who had leukemia and other complications, was dressed in a tan pinstripe suit for Saturday's wedding. THE ASSOCIATED PRESS

Christine Swidorsky with her best man Logan Stevenson, 2. ERIC SCHMADEL/TRIBUNE REVIEW/THE ASSOCIATED PRESS

Climate change

Sea, snow and ice simmered in 2012, grand study shows

A massive U.S. study by the National Oceanic and Atmospheric Administration says the world in 2012 sweltered with signs of climate change. Rising sea levels, snow melt, heat buildup in the oceans as well as melting Arctic sea ice and Greenland ice sheets all broke or nearly broke records.

National Climatic Data Center director Tom Karl says surface temperatures haven't risen in the last 10 years, but he notes that is only a blip in time, subject to natural variability. Since records were first kept in 1880, all 10 of the warmest years ever have been in the past 15 years, NOAA records show. THE ASSOCIATED PRESS

Flush it! The remotely controlled Satis toilet brings technology, and possible privacy concerns, into the loo. METRO WORLD NEWS

Smart toilets a stinky idea?

There's an app for even that. Expert says new porcelain throne, which can be controlled remotely, is overflowing with bad and unsafe features

KATHRYN GILBERT
Metro World News

During technology security firm Trustwave's Home Invasion 2.0 presentation, a startling revelation was made: Using a smart toilet isn't all that safe. The remotely controlled Satis toilet can be operated by anyone with the complementary app, meaning it's ripe for mischief-making. Metro spoke to managing consultant Dan Crowley, who discovered the breach, about the toilet, as well as another worrying way in which your home can be hacked.

Let's discuss the toilet for a minute — have you actually heard of anyone hacking it?
It's funny you say that, as I went to this party after the presentation and I met a guy there who was very excited to see me. The toilets at this Vegas hotel were smart ones, and people were stealing all the water from them!

But do you think anyone would actually do any real harm with the hack?
Say a prime minister or president has a smart toilet. It keeps records of your bowel movements, and so people could discover stuff about their health. That's where it could be serious. I don't want to overblow it, though.

Knowing what you now know, would you use a smart toilet?
To be honest, I don't think I would've used it before the presentation, but I'm doubly wary now.

You said the toilet was the least important discovery you made. What was the most important?
I found you could hack into Vera Lite (home-automation system), so you could enter someone's home when they're not around. The first time I contacted Vera Lite to tell them, they didn't respond, just like the toilet company. They're working with me now, though, since all the press attention.

Think outside the cereal bowl. Taco Bell expanding test of waffle tacos in U.S.

Taco Bell says it's expanding its small test of waffle tacos, as it prepares to take its breakfast menu national in the U.S. sometime next year.

The fast-food chain says the waffle taco, which includes scrambled eggs, sausage and a side of syrup, was the top seller during breakfast hours at the five Southern California restaurants where they were tested earlier this year. Now the company wants to see how it would fare on a bigger scale; the waffle tacos and a full breakfast menu will be expanded to about 100 restaurants in Fresno, Calif.; Omaha, Neb.; and Chattanooga, Tenn., starting Thursday.

Brian Niccol, president of Taco Bell, said the idea is partly to get a better sense of how well restaurants will be able to handle the added operational pressure from the waffle tacos.

"You only get one shot when you go with big items," he said.

Taco Bell already offers breakfast at about 850 locations in 10 Western states and has been tinkering with new items such as the waffle taco before rolling it out to its 6,000 U.S. locations. Also being tested in the additional locations starting Thursday are a yogurt parfait and oatmeal.

THE ASSOCIATED PRESS

Espresso and prostitutes

Accused owner of drive-thru brothels sues cops for cash

A woman accused of using her espresso stands as drive-thru brothels is suing the city of Everett, Wash., to recover $250,000 she says was wrongfully seized.

Carmela Panico owns the Java Juggs and Twin Peaks "bikini baristas."

THE ASSOCIATED PRESS

Market Minute

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JUST SAYIN'

Paul Sullivan
metronews.ca

What fun it must be to be a multibillionaire!

You can pretty much buy anything or do anything you want.

Consider Jeff Bezos, the founder of Amazon.com, net worth $25.2 billion US and the world's 19th-richest person. He just bought the Washington Post, one of America's most respected newspapers, for $250 million US out of his own pocket.

That's not quite as much as the Qatar royal family paid for Paul Cézanne's The Card Players: $259 million for the painting, one of five in a series, immediately making it the highest price ever paid for a work of art. For the rest of us punters, there's one in the Musée d'Orsay in Paris that looks just like it, and it costs only nine euros to get in. Look, but don't touch. If so inclined, the Qatar royal family can smear their Cézanne with ketchup.

Speaking of ketchup, billionaires are not only interested in buying interesting stuff — they also like to make interesting stuff. Just the other day, Sergey Brin, one of the Google billionaires and the world's 21st-richest person, funded the creation of a test-tube hamburger. An ordinary person would hit the drive-thru, but when you're a billionaire you can get them to whip up magic meat in the lab that tastes almost like the real thing, and no animals were harmed in the making of this burger. I wonder how much it would cost to create real bacon from scratch?

When ordinary people plan a surprise birthday party, it's a big deal if they rent a clown. When Lululemon founder Chip Wilson threw a surprise birthday party for his wife over the weekend, he rented the Red Hot Chili Peppers. He's only the world's 490th-richest person, but you can't buy that kind of cool, can you? What am I saying? Of course you can!

Of course, some billionaires prefer to continue to squander their wealth on conventional toys. Russian oligarch Roman Abramovich, the world's 107th-richest person, bought a yacht called the Eclipse for (once it's all outfitted) a rumoured $1.5 billion. Hard to believe, but at 162.5 metres, it's only the world's second-longest privately owned yacht. The longest is the Azzam, rumoured to be owned by powerful Saudi billionaire Al-Waleed bin Talal, the world's 26th-richest person.

Both the Eclipse and the Azzam are monuments to excess (or is that excessive monuments?). The Azzam is longer than a British Type 45 destroyer. The Eclipse has not one but two helicopter pads, carries a mini-sub on board and requires a crew of 70 to operate it.

Not every billionaire is so conspicuously consumptive. Speaking of ketchup (again), Warren Buffett, the world's fourth-richest man, just bought ketchup-maker Heinz for $23.2 billion. Even though Buffett is the richest man in America, he still lives in the same house in Omaha he bought in 1958 for $31,500.

Oh, and thanks to Bezos and his most recent purchase, Buffett's shares in the newspaper's parent company have increased in value 9,000 per cent.

Some multibillionaires just like to collect ... more money.

ZOOM

That steam engine is so crochet

SLAWEK FIJALKOWSKI

Artist crochets entire locomotive

The daily commute would be a cosy prospect if all trains looked like this. Textile artist Olek (a.k.a. Agata Oleksiak) has completed her largest piece ever, a Px48 steam locomotive and carriages covered in crochet. The Polish-born artist worked around the clock for two days in Łódź, Poland, to cover the train in yarn.

METRO WORLD NEWS

Q and A

It's old and new

OLEK
Artist, 35, born in Poland

What does it represent?

For me, it stands for my home nation of Poland. People here want change and to see new things. But we still have an older generation with an old-fashioned mentality.

Clickbait

LUKE SIMCOE
Metro Online

Unlike Facebook, Twitter doesn't require that you register with your real name. The nod to the kind of fluid identity that characterized earlier social networks has given rise to a plethora of parody accounts, ranging from brilliant satire to crude portrayals of Twitter's better-known users. Here are just a few that caught Metro's eye.

@PippaTips
A send-up of Pippa Middleton's much-derided Celebrate party-planning book, this parody account of Kate's lesser-known sister offers helpful advice like "headache tablets can be great in helping deal with a headache." Rumour has it that Pippa is considering legal action to have the account taken down.

@feministtswift
Taylor Swift's troubles with boys have been highly publicized, but this parody account sheds light on the Red singer's struggle against patriarchy, mashing her lyrics together with insights about sexism and social justice. Let's just say it puts the gender in Trouble.

@TOMayorFrod
Politicians have always been ripe targets for satire, and who better to skewer than embattled Toronto Mayor Rob Ford. As Mayor Frod's subtle name change suggests, the account walks a fine line between parody and truth and has more than once been mistaken for the real deal.

DARRON CUMMINGS / THE ASSOCIATED PRESS

Twitter

@metropicks asked: A town is shocked after a python killed two boys. Should Canada ban exotic pets? Which ones?

@jasminshirazi: I thought there already was a ban on dangerous/exotic pets?! This is so sad, and the lack of a ban is ridiculous.

@EilishMcL: like registered day homes, food and health inspectors; regulate & inspect housed exotic animals regularly & sporadically.

@BatestonBeauty: Unfortunately, you can't ban accidents.

@HulaNova: YES! All of them. They are not domestic creatures and they belong in the wild!

@matdey1980: Canada, land of cats and dogs only! You might want to double check the full list of exotic pets

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU: Send us your comments: winnipegletters@metronews.ca

metro

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Movie review

We're the Millers

Director. Rawson Marshall Thurber

Stars. Jennifer Aniston, Jason Sudeikis

Ex-SNLer Jason Sudeikis plays Dave, a low-level drug dealer who agrees to smuggle an RV load of marijuana from Mexico to the United States to settle a debt. To cover his tracks, he recruits a stripper (Jennifer Aniston), a homeless street punk (Emma Roberts) and a neighbour (Will Poulter) to pose as his family. We're the Millers takes a good idea, mixes in some outrageous performances but spoils the promise of the premise with a mawkish last 20 minutes.

RICHARD CROUSE

Movie review

Percy Jackson: Sea of Monsters

Director: Thor Freudenthal

Stars. Logan Lerman, Brandon T. Jackson, Stanley Tucci

Second time out, Percy Jackson is feeling the sophomore slump. He saved the world once, but what if that's all he had in him? But a quest to find the fabled golden fleece and save his fellow demigods at Camp Half-Blood gives Percy a chance to prove his mettle. Director Freudenthal takes the reins from Chris Columbus with mixed results. It doesn't match the mid-level heights of the original, but part two should satisfy established fans. IAN GORMELY

Matt Damon stars in Elysium, which opens in theatres this weekend. CONTRIBUTED

Matt's just taking the boot off his neck

Interview. Damon talks about everything from unreal body images to his value system that has him going against his own best interests

NED EHRBAR
Metro World News in Hollywood

When Matt Damon saw himself onscreen in Elysium — after months and months of diet and four-hour gym sessions to get him into to sci-fi action hero shape — all he could do was laugh.

"It just looked ridiculous to me," he says. "It's so indulgent, but it's part of the magic trick. I understood why (director Neill Blomkamp) needed me to look like that for that to establish the character. He didn't want any fat on me because he said, 'I want you to look almost Haitian, like you're incredibly fit but you've been working so hard and perhaps you've missed some meals.'"

While it worked for the film, Damon was happy to let the workout regimen lapse.

"It's just not a natural way for somebody to look. These people who look that way are either genetic freaks or they're just living in a gym," he says. "(My wife) was fine with me buff, but she was fine with me (40 pounds overweight) on The Informant! I think she just likes variety."

While he might not find it easy to relate to the look of his character, Max — an ex-con factory worker taking on the rich and powerful on their satellite sanctuary, Elysium, which is orbiting the ravaged slum Earth has become — he can at least understand him emotionally and intellectually.

"He's doing the best he can in a world that's getting increasingly difficult to live in," Damon says. "I think a lot of people can relate to that in this kind of prolonged economic downturn where it feels like the world keeps putting its boot on your neck a little more forcefully every day."

Speaking of the current state of the world, Damon has never been one to shy away from addressing political issues, and Elysium offers him a great chance to talk immigration, one of the major themes in the film.

"Look, it's a nation of immigrants and I'm from a family of immigrants, so yeah, clearly they're going to have to figure that one out," he says.

"But the politicians don't talk about it at all. They just see it as an issue where with the polling on it, they're just confused on which way to go. So the Republicans just send out Marco Rubio to speak Spanish to everybody."

Not to suggest, though, that Damon thinks he has all the answers.

"I don't have a comprehensive immigration plan, no. But I can work on it," he says.

As for relating to the havenots, like his character in the film? "F— them," Damon offers with a laugh.

"No, at least in my case I think the values that I have are consistent with the values I was raised with. I vote against my own self-interests constantly. I campaign against my own self-interests. If you're born with a silver spoon in your mouth, you're probably more likely to be the Koch brothers and think that you shouldn't pay taxes on things. I think it's just a question of where you come from."

New looks

"(My wife) was fine with me buff, but she was fine with me (40 pounds overweight) on The Informant! I think she just likes variety."

Matt Damon
On what he looks like in different roles

SCENE

Lindsay Lohan. ALL PHOTOS GETTY IMAGES

Lohan being very careful at crafting post-rehab image

Lindsay Lohan is looking to turn over a new leaf post-rehab, and she's doing it in New York City. The troubled actress has reportedly been apartment hunting in SoHo, according to E! News.

"The goal is to have her sober coach live with her full-time," a source says.

Her L.A.-based sober living coach — described by sources as "really fun" but "very strict" — would have to relocate to stay with his high-profile client.

The two were intending to head off on a European vacation this week, but those plans have been postponed.

"(Lohan) doesn't think it is the right thing to do," the source explains. "She is being very smart about all this."

Johnny Depp

If a movie flops in the forest and no one saw it, does anyone care?

Johnny Depp has a theory of his own as to why The Lone Ranger fizzled at the box office: It's the critics' fault.

"I think the reviews were written seven to eight months before we released the film," Depp tells Variety.

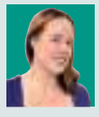
"I think the reviews were written when they heard (director) Gore (Verbinski) and (producer) Jerry (Bruckheimer) and me were going to do The Lone Ranger. They had expectations that it must be a blockbuster. I didn't have any expectations of that. I never do."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Usher's son nearly died in swimming accident



THE WORD
Dorothy Robinson
scene@metronews.ca

Sad news today from Atlanta: Usher Raymond V, Usher's oldest son with ex-wife, Tameka Raymond, is in the ICU due to almost drowning in the singer's pool.

According to TMZ, the five-year-old dove into their pool to fish a toy caught in the drain, trapping his hand underwater.

His aunt immediately dove in but couldn't pull him out. A maid also dove in.

Finally, two men working on the house were able to pull him free and give him CPR.

Usher, who was not home at the time of the accident, was able to return home in time to ride in the ambulance with his son to the hospital.

This is the last thing the Raymond family needs. Tameka's oldest son, Kile, from a previous relationship, died last year from a jet ski accident.

Oprah Winfrey

Oprah muses on Deen's racism

Oprah Winfrey is finally speaking out about the controversy that enveloped Paula Deen after her past use of racist language had come to light.

"In the very first days I tried to reach her and then I decided to stay out of it as I saw it blowing up," Winfrey tells Entertainment Tonight. "In time she will be fine. For me, it all just felt kind of sad."

Winfrey herself admits she doesn't deal with such language firsthand much anymore.

"Nobody in their right mind is going to call me the N-word," she says. "It shows up for me if I'm in a boardroom or situations where I'm the only woman or I'm the only African-American person within a hundred mile radius. I can see in the energy of the people there, they don't sense that I should be holding one of those seats."

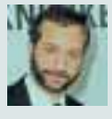
Halle Berry

Berry's baby bump limiting X-Men role

Next summer, if it looks like Halle Berry isn't on screen in X-Men: Days of Future Past as much as you'd like, blame her new baby.

"I wasn't in it as much as I was meant to be. (Pregnancy) kind of coloured what my involvement could be, which was why I was one of the first ones in and the first ones out," she tells Total Film. "My ever-growing belly was posing a constant challenge. What I could do was getting more limited, so the role I play is so different from what it could have been, due to my surprise pregnancy."

Twitter



@JuddApatow
Feels like there is too much of everything. I kind of liked it better when there were seven channels and 9 wasn't a good one.

@chriscolfer
Oprah's hugs are magical! Best morning ever!!!

@oliviawilde
Has it really been 10 yrs since we soaped up tv screens with The OC? Jesus. Was that legal? I remember lots of bronzer and kissing.

Ski-phobe guide to Banff and Jasper

With ample powder coating runs and majestic snow-capped mountains in the periphery at every turn, powder hounds and ski bunnies flock to Alberta's vaunted National Parks. But you don't have to be into the white stuff to enjoy these Parks Canada jewels.

STORY AND PHOTOS MIKE DOJC
life@metronews.ca

Get up close and personal with a glacier

Sipping from a 400-year-old natural snow cone at the Columbia Icefield's Athabasca Glacier, one of the largest hydrological wonders south of the Arctic Circle, I feel more refreshed than every athlete in every Gatorade commercial ever made.

Journeying along the spectacular Icefields Parkway (a.k.a Highway 93 north) to the borderline of Banff and Jasper National Parks, get ready to step back in time and experience a glimpse of the last ice age when woolly mammoths stomped along the frozen tundra. Tours aboard massive 30-tonne Brewster Ice Explorers (think tricked out Greyhounds with monster truck tires) depart every 15 to 30 minutes from the Columbia Icefield Discovery Centre.

It's an 80-minute adventure and you'll spend a good chunk of that time roaming the icy expanse. While you can cup your hands to imbibe the glacier fresh melt-water, it's best to tote along your own canteen or flask to spare your fingers from turning blue.

Float along the Bow or Athabasca River

While experienced rafters might prefer to paddle, camera-clutching sightseers will likely opt for a float trip, the sweat free alternative. It is as relaxing as a Venetian gondola ride only with the added thrill of the occasional chilly splash of shimmering glacial-silt-laden waters. During my guided float down the Atha-B (as the cool kids call it), the guide jokes that if we take a spill into the cold stuff we better take someone overboard along with us because he only bothers rescuing two or more. While the ride down this Canadian Heritage river is as tame as a kiddy roller coaster, the scenery is eye-popping spectacular and it's easy to imagine that traversing this waterway must have been the biggest perk of being a fur trader back in the day.

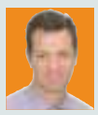
Skimming the river, the wild Rocky Mountain landscape unfolds with a cinematic effect. You can't help but gawk at the spruce tree flecked shoreline and mountains so beguiling they appear to be cribbed from the Paramount Pictures logo. The sheer beauty of the wild Rocky Mountain landscape comes alive from a river vantage.

Banff Springs Golf Club cart tour

You don't have to be the least bit curious about the type of grass used on the putting greens to appreciate this Stanley Thompson masterpiece. On the $25 cart tour you'll drive around the iconic Canadian track scoping out the rocky face of Mount Rundle and the tree covered slopes of Sulphur Mountain while your guide regales you with lore. Devil's Cauldron is a be-still-your-beating-heart-and-break-out-the-easel flagstick surrounded by sheer natural splendor. Featuring a glacial lake and rugged mountain backdrop, the spellbinding par-3 was shortlisted by Golf Magazine as one of the top 18 holes in the world. Another highlight is the horseshoe-shaped bunker on a hole known as The Goat, a sly wink by the designer telling golfers who have the misfortune of being forced to shoot over it, "Good luck." After taking in the sites, even novices will be itching to book a tee time. For experienced golfers looking for a challenge, the area is replete with top notch mountain courses including Jasper Park Lodge, Stewart Creek, and the Canmore Golf & Curling Club, to name a few. Canadianrockiesgolf.ca can set you up for a package deal.

Food

Good eats on the streets



ON THE MOVE
Loren Christie
life@metronews.ca

New bylaws and health regulations governing the sale of street food in cities from Calgary to Montreal have made food trucks this summer's hottest dining trend. Celebrity chef Michael P. Clive recently shared his insights on this unique culinary experience.

Why do you think food trucks have become so popular?
It's TV. No one talked about food trucks before food shows started plugging them. A handful of people who thought food trucks were cool zoomed in on them.

So why have they remained popular?
Food trucks offer a 20 to 25 minute fun meal experience, not the one hour investment plus that a restaurant requires. And on a sunny day, people want to eat outside. People like to stand around, mill about, talking about their food. People like the diversity of food that's being offering in these food trucks.

Do you eat off food trucks when you travel?
If it's clean. I want to see what the chefs are strutting. I am intrigued with the low overhead (costs of the food truck). I want to see if they are putting more into the food.

How do you know if it's clean? If it's safe to eat there?
First of all if they are on the street you have to believe they are abiding by bylaws and regulations. But take your own eyeballs and have a look at cleanliness. I look for a place that is clean, polished and organized. Do they have a theme worked out with their decor? If they care about the overall appearance, that's a good sign.

Most major cities in Canada are on the food truck bandwagon. ISTOCK

Keep it classic with roasted chicken

ROSE REISMAN
for more, visit rosereisman.com or follow her on twitter @rosereisman

There's nothing like a wonderfully well cooked roasted chicken. To keep it moist, I like to stuff it with a grain like this orange dried apricot couscous and a velvety apricot glaze.

1. Preheat oven to 400 F spray a roasting pan with vegetable oil.

2. Apricot glaze: Combine all ingredients until well mixed.

3. Bring chicken stock to boil in saucepan; stir in couscous, cover and remove from heat. Let stand 5 minutes; fluff with a fork. Add 3 tbsp apricot glaze, snow peas, carrots and apricots.

4. Loosely stuff chicken with some of the couscous. Place in roasting pan. Put remaining couscous stuffing in a casserole dish and cover. Set aside.

5. Brush whole chicken with some oil, salt and pepper and 2 tbsp of the apricot glaze. Bake for 1 hour, or until juices run clear when leg is pierced at thickest point or when temperature reaches 160 degrees F.

6. Put casserole with stuffing in oven for last 30 minutes of roasting time. Let chicken rest for 10 minutes before carving. Serve chicken with couscous and remaining glaze. **ROSE REISMAN'S ENLIGHTENED HOME COOKING (ROBERT ROSE) BY ROSE REISMAN**

Ingredients

- 3 lb roasting chicken

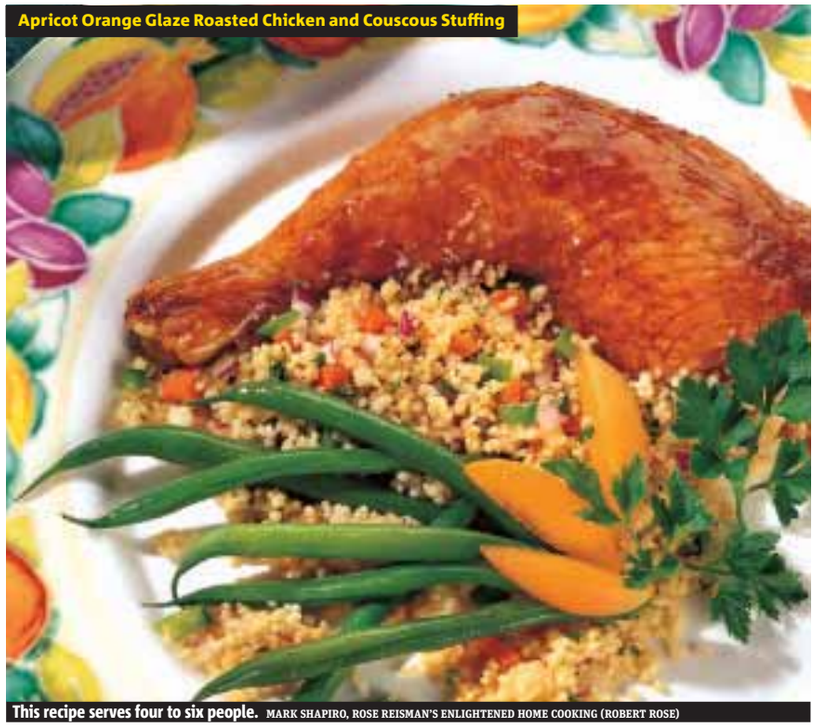
Apricot Glaze

- 3/4 cup apricot or peach jam
- 1/2 cup chicken stock
- 3 tbsp orange juice concentrate, thawed
- 1 tbsp soya sauce
- 1 tsp minced garlic
- 1 tsp minced ginger root

Couscous Stuffing

- 1 cup chicken stock
- 1 cup couscous
- 1 cup finely chopped snow peas
- 1/2 cup each finely chopped carrots and dried apricots

Apricot Orange Glaze Roasted Chicken and Couscous Stuffing



This recipe serves four to six people. MARK SHAPIRO, ROSE REISMAN'S ENLIGHTENED HOME COOKING (ROBERT ROSE)

Drink of the Week

Hennessy Sweet Tea

Try this rich, new take on a classic way to cool down.

- 1.5 oz Hennessy V.S
- 0.5 oz Grand Marnier
- 2 oz unsweetened cold tea
- 1 oz simple syrup
- 0.5 oz fresh lemon juice
- Garnish with a twist of orange

Add all liquids into a shaker tin with ice and shake until well chilled. Strain into a Collins glass over fresh ice and garnish with an orange twist.

RECIPE AND PHOTO COURTESY OF HENNESSY

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One, two, three o'clock, four o'clock, stop: How to lessen late-afternoon lethargy

Asleep on the job?
There are plenty of ways to avoid getting tired toward the end of your work day

ROSIE HALES
TalentEgg.ca

These eyes are hurting! These eyes have seen a lot of work but they're never going to get a break unless you prioritize your personal health! ISTOCK

It's ironic that your energy drops most noticeably when you're at work, exactly when you need to be alert and focused. Fortunately, there are a few handy strategies that you can use to keep yourself from hitting a wall in the middle of the day.

Watch what you're snacking on

Cookies, chips, doughnuts, basically anything that is satisfying a sugar or carb craving is also going to give you a big sugar hangover later in the day.

If you want to fight off hunger, then high-protein foods are the key to staying awake and alert until you get home.

Snack on things like fruit, veggies, hummus, cheese and keep processed and sugary foods for the weekend, when you can indulge and then enjoy the nap that will inevitably follow.

Supplementing an already healthy diet with vitamins such as vitamin B and iron can also help keep you awake throughout the day.

Hydrate

If you find that hunger is making you crave the sweet stuff then try drinking instead of eating. No coffee or soda, just water. Good old H20 can be a good way of a) waking you up and b) filling you up. Research shows that if your body has just two per cent less water than it needs then you'll feel fatigued.

Take a break

Not taking a sufficient break at lunch time can also mean a bigger crash in the afternoon.

If you're constantly working at a computer then the screen can exhaust your eyes, making you feel more tired than you actually are. Giving your eyes a 20 second break from your computer screen every 20 minutes is a good rule of thumb. Also, make good use of your lunch hour. If the weather is good eat your lunch outside or go for a walk or a run. It's a great chance to clear your head and get some exercise in if you can.

Check out your sleep habits

If you're following these tips already and you're still hitting the wall then ask yourself, are you getting enough sleep? The average person needs anywhere between Seven and 10 hours of sleep a night. If you're cutting corners here, it may be time to stop. Count how many hours you're getting each night and decide if you maybe need to rethink your sleep schedule.

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Let's get physical!

Get your blood pumping

- Offer to do a coffee run for the office, run up and down the stairs a few times, do some simple stretches — any of these will get your blood pumping and refresh you enough for the rest of the day.
- The increased circulation will help you regain some of the energy you've lost already and it never hurts to give your eyes that extra break from the screen.

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If you're unhappy and you know it, you're a grad?

A degree of dissatisfaction. Study indicates that post-secondary grads aren't as content with careers as unschooled peers

VICKI SALEMI
Metro World News

If you're a university or college graduate and unhappy at work, you're not alone. In fact, you're outpacing your peers without degrees in the disengagement category, per a new study conducted by Gallup.

According to the study, which surveyed 150,000 adults at various ages, post-secondary graduates whose highest educational attainment is a bachelor's degree say they're less engaged at the office (emotionally disconnected from work and the workplace) than peers who completed some or no post-secondary at all.

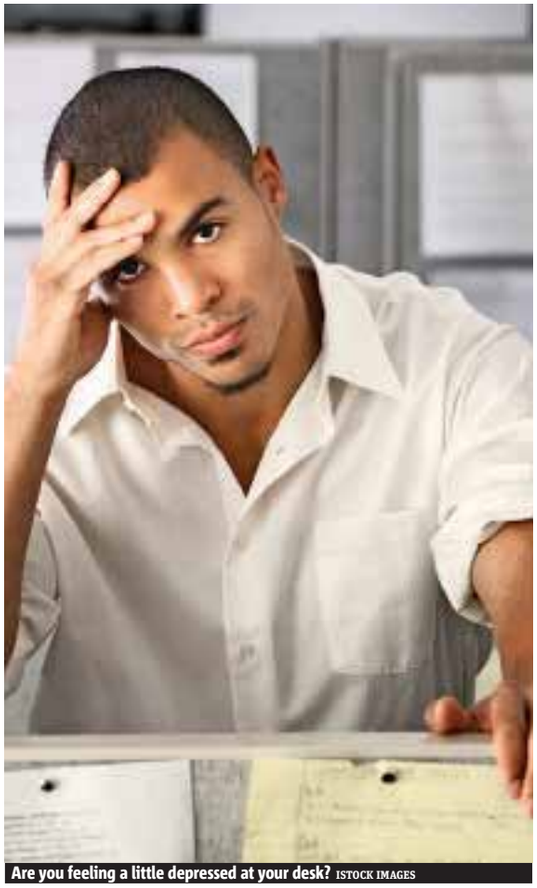
The numbers tell all: Fifty-five per cent of graduates are not engaged, whereas people who finished some college edged in slightly lower at 50.2 per cent. This is in comparison to the 48.2 per cent of workers whose schooling ended at high school.

Not all occupations are created equal: The highest engagement for post-secondary grads was in managerial and executive roles, while transportation workers were the least engaged.

So what gives? Is there a breakdown in higher education or the transition from backpack to briefcase? Can the numbers be attributed to half of recent graduates working in jobs that don't require a degree, as a 2012 Gallup/Lumina Foundation poll found?

Perhaps grads' expectations fall flat or there is something broken with the process. Gallup certainly thinks so.

Brandon Busteed, head of Gallup Education states in a press release, "This is not a statement about liberal arts, it's not a statement about community college, it's literally about higher education in general — there's something about the process and the experience that is preventing graduates from getting to a place where they're doing what they're best at."



Are you feeling a little depressed at your desk? ISTOCK IMAGES

Can hobbies make you happier?

Another theory on the study findings reflects upon the state of the job market

- Richard Mendelson, Ph.D. of Dynamic IO Consultants, explains that this may be a sign of the times. "Individuals can very quickly become caught up in working in a field or position that does not make them happy in order to earn a livable wage or to develop their experience in order to grow as a professional."
- His advice to boost happiness? Get a hobby and participate in activities for enjoyment after work. He says this will lead to a more balanced approach to life and helps in "making time spent at work more bearable." It will also help people to feel that "work is not the end-all and be-all of who they are."

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Are you prone to leaps of labour? Then you may be a job jumper

I'm out of this office! Sporting a seriously long CV does not always mean you're a career commitment-phobe

MEGHAN GREAVES
TalentEgg.ca

In the course of your career, you'll meet a number of people who seem to constantly be finding, starting and leaving jobs.

These job hoppers can have a number of different motivations, so don't be too quick to jump to conclusions about their work ethic.

Here's a list of the most common kinds of job hopper. Are you one of them?

The high achiever

This job hopper's need to be at the top of the ladder is the main reason they constantly switch roles.

They want to move up quickly in their industry, which means they're willing to take on roles that hold a higher level of responsibility and accountability.

This could mean working with their employer to develop a career plan or switching employers completely in order to obtain a higher-level position.

High achievers aren't scared to relocate, leave their current workplace or take on bigger challenges.

The dissatisfied searcher

The dissatisfied searcher is an employee who tends to wander before being able to settle down in their career.

This may be because they aren't sure what type of career is for them, haven't developed the background needed for their ideal role or are looking for something that isn't available to them at that particular point in time.

How high and far will you hop to reach success? ISTOCK

The confident mover

- Opportunities that are a far drive or even flight away from home don't deter this job hopper! They aren't afraid to relocate for an opportunity within their company or for a new employer.
- This type of job hopper tends to have the same traits as the high achiever as they also have a strong drive to move up quickly in their company or industry. If this means packing their things and moving across the country, they're up for it!

This type of job hopper may have a harder time finding a role they're happy in, as they're always looking for something more.

The got-to-have-it hopper

The got-to-have-it hopper has to be up-to-date and in the know about new opportunities in their field.

This type of hopper is savvy to new career opportunities that are out there and often applies to the ones that pique their interest.

They enjoy applying to different jobs just to see where it could take them. Sometimes this means a new career altogether!

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Your thoughts?

TalentEgg: #QuestionoftheDay: What tips do you have for young professionals attending their first company event or party?

- **@HanleyShaun:** #QuestionoftheDay keep it professional, it's still business. Network with the right individuals and leave when appropriate.
- **@JobsThatHelp:** Show your personality, but remember that it is a WORK function so keep inappropriate comments to yourself and limit your drinking
- **@resolutefp:** Have some conversation starters up your sleeve, and avoid foods that involve dipping sauce!
- **@FrankSavonarota:** Confidence is key and don't forget some breath mints!
- **@mrstephenchin:** just because it is an event doesn't mean you must stop being professional! Think before you speak!
- **@Ellie_Khayatian:** dress to impress! & be sure to network with anyone and everyone, don't just go after the recruiters #QuestionoftheDay

Understudies to exit CFL's centre stage

Week 7. It's back to the bench this week for backups Mitchell, Willy and Collaros

They all made headlines last week but it's back to the sidelines for backups Bo Levi Mitchell, Zach Collaros and Drew Willy.

The Toronto Argonauts and unbeaten Saskatchewan Roughriders will have starters Ricky Ray and Darian Durant back this week while veteran Kevin Glenn is available for the Calgary Stampeders. All three missed their respective teams' last games with injuries and had the benefit of a bye week to heal.

Ray returns to the Argos on Thursday night in Montreal after missing their 38-12 home win over B.C. on July 30 with a knee injury. Ray will wear a brace when East Division-leading Toronto (3-2) faces the Alouettes (2-3).

On Friday night, Durant will lead the Riders (5-0) into McMahon Stadium against Calgary (4-1) in a battle for top spot in the West Division. Incumbent Drew Tate was scheduled to start for the Stampeders but the club announced Tuesday he had suffered a setback with his injured right forearm and would be re-examined by doctors.

If Tate can't play, Glenn would start after missing Calgary's 37-24 win over Winnipeg on July 26 with a shoulder injury. Tate's last game action was in a 36-21 loss to Saskatchewan on July 5.

One turnover, no losses

1

There's much to like about Saskatchewan's perfect start to the season, but consider the Riders have turned the ball over just once through five games. By comparison, Winnipeg (1-5) has surrendered seven interceptions and seven fumbles, both league highs.

With both Tate and Glenn ailing, No. 3 Mitchell stepped in and threw for 376 yards and three touchdowns against Winnipeg. That earned Mitchell the CFL's offensive player of the week award.

Toronto headed into its bye week on a victorious note thanks in large part to Collaros. The second-year pro was 21-of-25 passing for 253 yards and three TDs versus B.C. in his first CFL start.

Ray was the CFL passing leader prior to being hurt with 1,203 yards. He has completed 75.4 per cent of his passes with eight TDs and no interceptions.

A lingering sprained right foot forced Durant to watch Willy lead Saskatchewan past Hamilton 32-20 on July 27 in Guelph, Ont. In just his second CFL start, Willy was 14-for-25 passing for 269 yards and three TDs as the Riders remained the league's lone unbeaten club.

Durant has factored heavily in Saskatchewan's early season success. He was 74-of-107 passing (69.2 per cent) through the Riders' first four games for 1,021 yards, with a league-leading 12 touchdowns and no interceptions.

THE CANADIAN PRESS

Rider QB Drew Willy threw three TDs in his second start of the season on July 27 against the Ticats. Willy returns to the sidelines when the Riders visit Calgary on Friday night. STEVE RUSSELL/TORSTAR NEWS SERVICE

Baseball

Salamida leads Goldeyes to much-needed win

Following a disastrous road trip down in Fargo over the weekend, where the Winnipeg Goldeyes dropped three straight to the division-leading RedHawks, the Fish returned home with hopes of righting the ship in a three-game series against the struggling Sioux City Explorers.

The 5,579 at Shaw Park were treated to a pitching duel on Tuesday as Winnipeg edged the Explorers 3-1, powered by the arm of starter Chris Salamida and some timely and well-manufactured runs.

Salamida went seven complete in his third game since coming out of retirement in late July, allowing one run off seven scattered hits and adding four strikeouts. The 29-year-old veteran hasn't missed a step, improving to 2-0 on the year with a 3.26 ERA.

Closer Patrick Keating earned his team-leading 14th save with a perfect ninth.

The Goldeyes bats did just enough in the seventh with a Kevin Moesquit sacrifice fly to tie it up, and a perfectly laid Tyler Graham squeeze-bunt to take the lead.

The RedHawks' weekend sweep put the Goldeyes 8.5 games back of the North Division lead, with St. Paul and Winnipeg both chasing down Fargo as they approach the three-quarter mark of the regular season.

DARRIN BAUMING FOR METRO

Blue Bombers' loss to Lions proves costly

Blue Bombers quarterback Justin Goltz celebrates after scoring a touchdown in Monday's game against the B.C. Lions. DARRYL DYCK/THE CANADIAN PRESS

Tim Burke had vowed that the Winnipeg Blue Bombers would be better — and they were.

But the Bombers were still not good enough as they bowed 27-20 to the B.C. Lions at BC Place Stadium. Winnipeg (1-5) suffered its fourth straight loss and will be hard-pressed to get back into the CFL's Eastern Conference playoff race following a bye week.

"We're disappointed with the loss," said Burke. "But I feel encouraged. I thought we got a lot better as a team today. B.C.'s a good football team, and any time you come here and play down to the wire, I think you've had a good game."

Burke had vowed a day earlier that his team would be improved because of injured players returning. But many observers were left wondering what would have happened if Burke had not decided to have punter Mike Renaud concede a safety in the fourth quarter.

The decision effectively broke a 17-17 tie and gave the Lions the lead for good. After handing the Lions a 19-17 advantage, Renaud kicked off and B.C. returner Tim Brown gave the hosts good field position.

Burke had hoped that his club's defence would hold the Lions and the Bombers would get good field position of their own. But the Lions progressed with little difficulty and quarterback Travis Lulay hit Courtney Taylor for an 11-yard touchdown pass that proved to be the difference as B.C. improved its record to 4-2 while atoning for a loss to Toronto last week. THE CANADIAN PRESS

'Peggers win mountain relay short-handed

Karlee Gendron, left, and Anna Schappert won silver medals in the mountain bike relay on Monday in Sherbrooke, Que. JACQUES BOISSINOT/THE CANADIAN PRESS

Canada Games.
Gendron, Schappert persevere for silver with teammate on sidelines

Winnipeg's Karlee Gendron and Anna Schappert knew what to do when Manitoba lost one of its riders in the three-person mountain biking relay at the Canada Summer Games: Ride as a two-person team.

Gendron and Schappert emerged from a chaotic race with a silver medal in the 18-kilometre event after teammate Hanna Boersma had to bow out with ongoing concussion issues. Gendron and Schappert discussed other options in the weeks leading up to the Games, but decided to ride the three-stage event without a third partner.

"I was happy it was only going to be two because I got to race two laps," said Gendron on Tuesday, a day after the event. The 21-year-old took the first and third leg, while the 22-year-old Schappert raced the middle stage.

"It was awesome to get second," said Gendron before Schappert added: "Yeah, super stoked." THE CANADIAN PRESS

Never alone

"It's totally different when you get into a team atmosphere and you have someone else that you're competing with instead of against."

Karlee Gendron on the opportunity to race with a teammate.

Canada Summer Games

Armed man forces evacuation of athletes: Report

More than 40 athletes were evacuated from a university residence at the Canada Summer Games in Sherbrooke, Que., on Tuesday after police were called to a domestic disturbance at a house across the street.

"According to the initial information obtained, an armed man was in a house on Winder Street," said Martin Carrier, spokesperson for the Sherbrooke police. "Due to the proximity of residences housing Canada Games athletes, an evacuation order was called."

Carrier said the 62-year-old suspect, who has no ties to the Canada Summer Games, gave himself up and was taken to hospital. The suspect could face charges.

"We supported the police and we want to be clear that at no time was any athlete in trouble or in danger," said Games CEO Luc Fournier. The residence houses athletes from several provincial and territorial delegations, participating in a variety of sports.

THE CANADIAN PRESS

NHL

Coyotes turn attention to the ice

The Phoenix Coyotes' four-year ownership saga is over.

The NHL has approved the deal. The team's fans, players and front office can finally relax.

"Today is about turning our collective focus to the strong future of the Coyotes here in Arizona and clearly stop talking about ownership questions," Anthony LeBlanc, the Coyotes' new CEO and alternate governor, said Tuesday at Jobing.com Arena.

"It's time to stop talking about arena leases, it's time to stop talking about financing options and where the team will play next year, and to focus on what is important to all of us, and that is what happens on the ice."

The Coyotes completed the process of finding an owner on Monday, when LeBlanc, George Gosbee and the rest of IceArizona completed their purchase of the team.

The league's board of governors approved the sale to the Canadian investors, triggering a 15-year, $225-million US lease agreement for Jobing.com Arena.

THE ASSOCIATED PRESS

Sochi Olympics. Canada's Wickenheiser speaks out against Russia's anti-gay laws

Canadian women's hockey team captain Hayley Wickenheiser has added her voice to athletes' criticism of Russia's anti-gay laws heading into the 2014 Winter Olympics in Sochi, Russia.

With the Games less than half a year away, attention has turned to a new Russian law signed by President Vladimir Putin that imposes fines on people who spread "propaganda of non-traditional sexual relations" to minors and proposes penalties for those who express these views online or in the news media.

Foreign citizens arrested under the law can be jailed for 15 days and then deported.

Wickenheiser of Shaunavon, Sask., will be a six-time Olympian in Sochi.

"I think most athletes in the free world think it's wrong what Russia has done," Wickenheiser said Tuesday in Calgary. "The Olympics is really one of the only places in the world where people should be free to get along and perform in harmony.

"It's about acceptance so it kind of goes against everything that the Olympics are about. It doesn't make a lot of sense to me."

Canadian athletes are participating in pride festivals this summer with the backing of the Canadian Olympic Committee.

COC president Marcel Aubut has said the athletes' participation symbolizes that sport should be open to all regardless of race, religion, creed or sexual orientation.

Alpine skier and 2010 Olympian Mike Janyk and two-time Olympian snowboarder Mercedes Nicoll marched Sunday in Vancouver's Pride Parade. Several Olympians participated in Toronto's Pride Parade on June 30.

"It makes me feel proud to be a Canadian, to live in a country that strives for equality, whether it's race, religion or sexual orientation," Wickenheiser said.

THE CANADIAN PRESS

Canadian hockey legend Hayley Wickenheiser MICHELLE SIU/THE CANADIAN PRESS

DRIVE

The 2014 Cadillac CTS

ALL PHOTOS WHEELBASEMEDIA.COM

Compare

1 Lexus GS 350
Base price: $53,900

2 Audi A6
Base price: $54,500

Review. Cadillac's mid size sedan lightens up, powers up and grows up

MALCOLM GUNN
wheelbasemedia.com

Cadillac's head-to-head battle with German and Japanese rivals is nothing short of audacious and with the re-energized 2014 CTS joining in, the brand continues to gain newfound respect.

The third-generation CTS joins the new compact ATS and full-size XTS in a constantly evolving lineup and will soon be joined by the electric-powered ELR coupe that will employ a similar powertrain to the Chevrolet Volt. The speed at which these new models are coming to market is dizzying to say the least.

The CTS is being repositioned as a larger model with 13 centimetres in added length and about 2.5 centimetres more between the front and rear wheels. Despite these increases, the CTS's base weight is about 115 kilograms less than the 2013 edition and, according to Cadillac, is now 90 kilograms less than a BMW 528i. Contributing to the reduction is a greater use of aluminum in the manufacturing process, including the door structures.

The interior is equally modern and can be trimmed in seven different material combinations, including genuine wood, carbon fibre and aluminum along with cloth and two grades of leather seat coverings. However it's under the hood where the CTS also displays a flair for the dramatic. The choices include a 3.6-litre V6 that produces 321 horsepower and 275 pound-feet of torque. Also available is a turbocharged 2.0-litre four-cylinder rated at 272 horsepower and 295 pound-feet of torque.

The star of the show is a twin-turbocharged version of the V6 that puts out 420 horsepower and 430 pound-feet of torque. This unique-to-Cadillac powerplant anchors the CTS V-Sport (it's also used in the larger XTS), which is the successor to the hotrod CTS-V sedan.

A six-speed automatic transmission comes with the turbo four-cylinder and the base V6 with all-wheel-drive.

The rear-wheel-drive V6 and rear-drive-only twin-turbo V6 each run with an all-new eight-speed automatic transmission with paddle shifters. The twin-turbo V6 hits 60 m.p.h. (96 km/h) in an impressive 4.6 seconds, which isn't quite CTS-V territory (a claimed 3.9 seconds), but it should prove quick enough to satisfy most Cadillac owners.

Optionally, you can expect plenty of electronic safety systems and alerts as well as magnetic ride control that constantly monitors road conditions and driving style to provide a comfortable and stable ride. Take a walk around the new CTS and it's obvious that Cadillac is intent on keeping the car as fresh and relevant as possible, and in tune with buyer expectations.

2014 Cadillac CTS

- **Type.** Four-door, rear- /all-wheel-drive mid-size sedan.
- **Engines (hp).** 2.0-litre DOHC I4, turbocharged (272); 3.6-litre DOHC V6 (321) or (420)
- **Transmissions.** Six-speed (std) and eight-speed (twin-turbo)
- **Base price (incl. destination)** $52,500

Technology

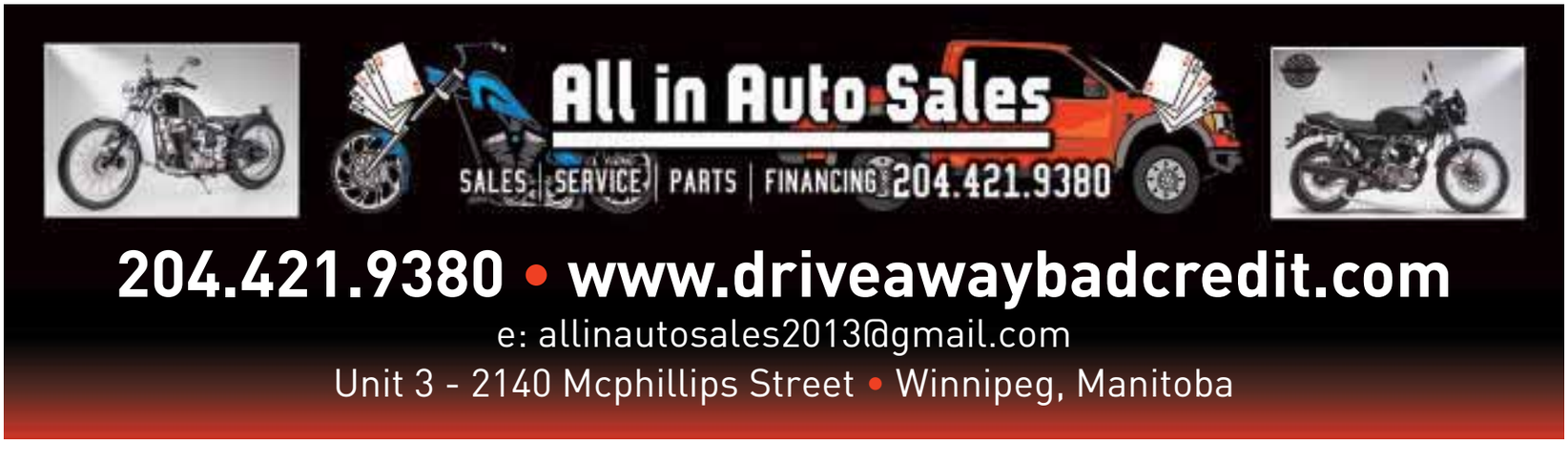
The options list is a lengthy one and includes a 12-inch high-resolution display monitor for operating the infotainment, phone and climate controls. There's also a spoil-you-rotten electronically locking glove box and a power-operated cupholder lid for the centre console.

Fuel Economy

Best of all, perhaps, is the twin turbo V6's 11.6 l/100 km city/7.6 highway fuel numbers that outdo the CTS-V's rating. By comparison, the 2.0-litre turbo CTS is pegged at 10.5/6.6.

Design

With its elongated nose and lower profile, the finished design is much more exotic-looking than before, while maintaining Cadillac's knife-edge design cues. The grille maintains its familiar egg-crate shape, but the side air intakes have been enlarged and the fender edges are now trimmed in a row of LED running lights.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Titanium model shown

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Titanium model shown

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Platinum model shown

2013 F-150 XLT

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10.6L/100km 27MPG HWY** 15.0L/100km 19MPG CITY**

Employee Price Adjustment ///	$4,423
Delivery Allowance ///	$7,250
Total Price Adjustments ///	$11,673

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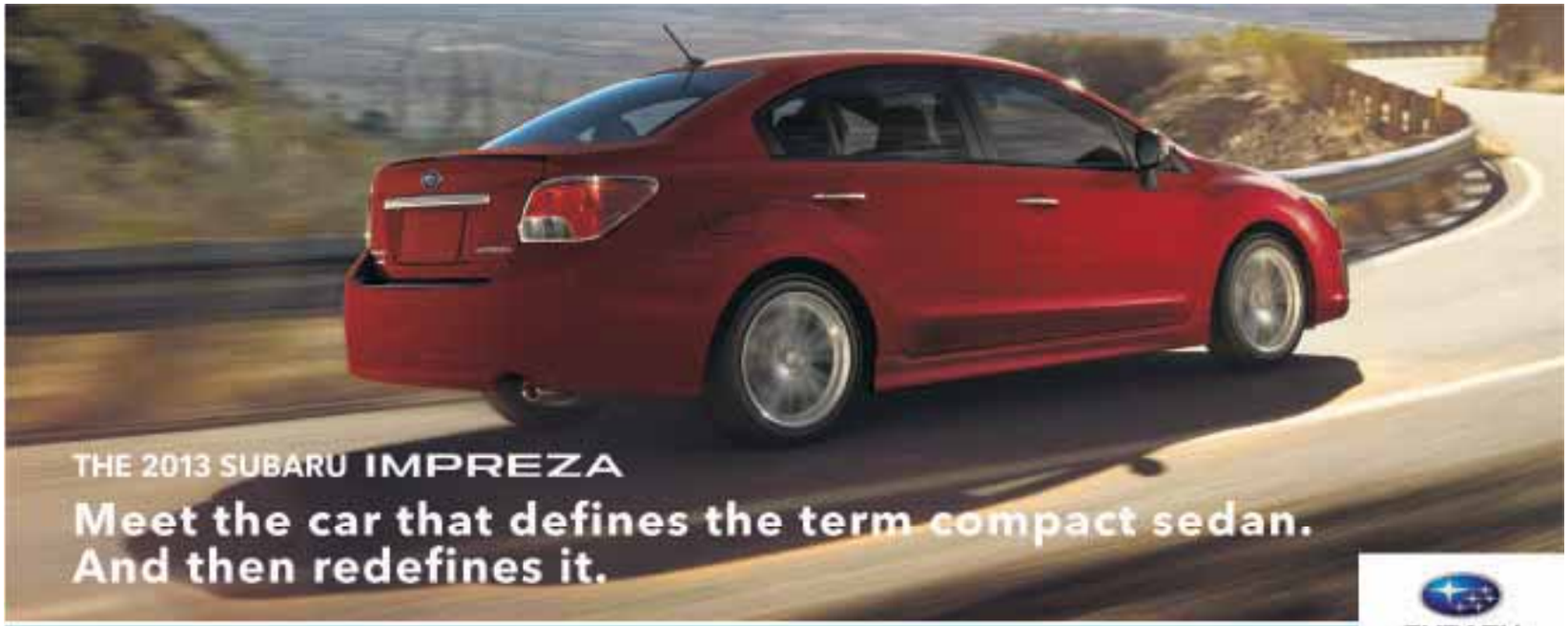
Vehicles(1) must be ordered and retailed as registered. Dealer may sell or lease for less. Limited time offers. Offers may be cancelled or changed at any time without notice. See your participating dealer for complete details. ◊ Based on 2012 Ford Escape SE 1.6L EcoBoost FWD vs. 2012 Escape SE 2.0L FWD. ◊◊ Based on 2012 Ford Escape SE 1.6L EcoBoost FWD vs. 2012 Escape SE 2.0L FWD. ◊◊◊ Based on 2012 Ford Escape SE 1.6L EcoBoost FWD vs. 2012 Escape SE 2.0L FWD. ‡ Based on 2012 Ford F-150 vs. 2012 Chevrolet Silverado 1500, GMC Sierra 1500 and Ram 1500. ‡‡ Based on 2012 Ford F-150 vs. 2012 Chevrolet Silverado 1500, GMC Sierra 1500 and Ram 1500. ‡‡‡ Based on 2012 Ford F-150 vs. 2012 Chevrolet Silverado 1500, GMC Sierra 1500 and Ram 1500. †† Based on Ford Motor Company Canada Limited retail sales of F-Series Canada's Best-Selling Trucks for 47 years. ††† Based on 2012 Ford F-150 vs. 2012 Chevrolet Silverado 1500, GMC Sierra 1500 and Ram 1500. * Offer applies to new 2013 models. Offer includes $14,000 in total price adjustments (the "Total Price Adjustments"). Total Price Adjustments include Employee Price Adjustment, Delivery Allowance and Customer Cash. Employee Price Adjustment is $4,423 on 2013 F-150 SuperCrew Platinum 4x4 5.0L (F1E). Delivery Allowance is $7,250 on 2013 F-150 SuperCrew Platinum 4x4 5.0L (F1E). Customer Cash is $1,000 on 2013 F-150 SuperCrew Platinum 4x4 5.0L (F1E). Employee Price Adjustment is $620 on 2013 Focus S (DYB). Delivery Allowance is $250 on 2013 Focus S (DYB). Customer Cash is $1,000 on 2013 Focus S (DYB). Employee Price Adjustment is $2,019 on 2013 Escape SE FWD 1.6L EcoBoost (CJ8). Delivery Allowance is $1,000 on 2013 Escape SE FWD 1.6L EcoBoost (CJ8). Customer Cash is $1,000 on 2013 Escape SE FWD 1.6L EcoBoost (CJ8). Offer is subject to change or cancellation at any time without notice. Offer is available to retail customers who take delivery from dealer stock between September 4, 2013 to September 30, 2013 (the "Program Period").



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†Fuel consumption figure rating posted by Natural Resources Canada of 5.5 L/100 km (highway) for a 2013 Subaru Impreza equipped with continuously variable automatic transmission and a 55 L fuel tank capacity. Fuel consumption figure should only be used for vehicle comparison purposes. Actual fuel consumption will vary based on driving conditions, driver habits and vehicle load. ‡Ratings of "Good" are the highest rating awarded for performance in four safety tests (moderate overlap front, side, roll over and rear) conducted by the Insurance Institute for Highway Safety (IIHS) (www.iihs.org). To earn a 2013 TOP SAFETY PICK, a vehicle must receive a "Good" rating in all four of these tests. *MSRP of $19,995 on 2013 Impreza 2.0i 4-door (DF1 BF). MSRP excludes Freight & PDI of $1,595. Taxes, license, registration and insurance are extra. $0 security deposit. Model shown is 2013 Impreza 2.0i Limited Package (DF1 LF) with an MSRP of $26,895. Dealers may sell for less or may have to order or trade. Offers applicable on approved credit at participating dealers only. Vehicle shown solely for purposes of illustration, and may not be equipped exactly as shown. See your local Subaru dealer for complete program details.

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Horoscopes

♈ Aries
March 21 - April 20
A parting of the ways may be necessary but you know it's for the best. You have important things to do, especially in your career, and you cannot allow personal feelings to come between you and success.

♉ Taurus
April 21 - May 21
It is important that you think only positive thoughts over the next 24 hours. You have such a strong imagination that if you let negative ideas take hold, they could easily become your reality. Don't let that happen.

♊ Gemini
May 22 - June 21
Don't waste time worrying about things that will probably never happen. The more time you spend fretting over minor matters, the less time you have to enjoy yourself.

♋ Cancer
June 22 - July 23
You may want to be critical of someone today but if you are smart you will bite your lip and say something nice instead. You have got to work with this person over the long-term, so don't start a feud.

♌ Leo
July 24 - Aug. 23
Something you have been asked to get involved with may look complicated but it's actually simple. Give it a go and before you know it, you will be the resident expert. Others will admire your dynamism.

♍ Virgo
Aug. 24 - Sept. 23
It does not hurt to be careful but there is a fine line between caution and suspicion and if you cross it today, you may find it hard to cross back again.

♎ Libra
Sept. 24 - Oct. 23
You may be tempted to tackle several things at once today but if you are smart you will take your time and take on one task at a time. That way, at least you'll get one thing finished.

♏ Scorpio
Oct. 24 - Nov. 22
Some people may tell you a job has to be done the way it has always been done in the past. But follow your instincts if they tell you something different.

♐ Sagittarius
Nov. 23 - Dec. 21
You may have to do something you don't enjoy but don't complain. If nothing else, it will make you realize how fortunate you are that you don't have to do this sort of thing each day of your life.

♑ Capricorn
Dec. 22 - Jan. 20
If you are not in the mood to do anything serious today, you must let those around you know at the earliest opportunity. Otherwise, they will load you up with tasks that you don't care about.

♒ Aquarius
Jan. 21 - Feb. 19
Today, you may briefly wish you were somewhere else and doing something less challenging. But, once you get into what you are expected to do you will enjoy it immensely.

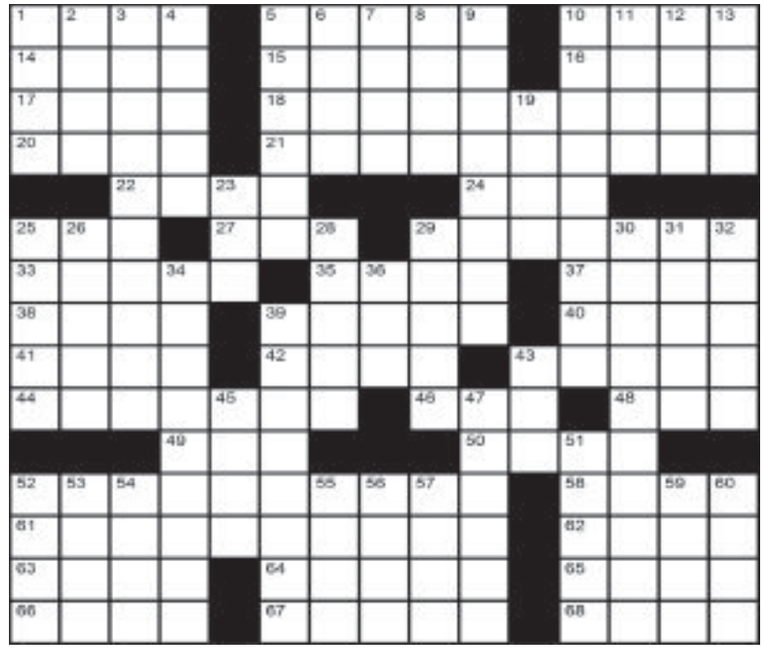
♓ Pisces
Feb. 20 - March 20
A sudden attraction is likely over the next 24 hours but if you are wise you will keep it on a fun and friendly level. If you let your passions rage, you could end up making promises you don't want to keep.

SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

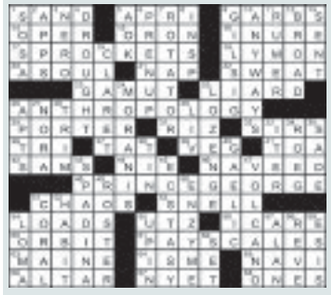
BY KELLY ANN BUCHANAN



Across
1. Zigs pals
5. Closes
10. Dollop
14. Earthen pot type
15. TV series creator Mr. Sorkin
16. River to the Ubangi
17. Don't upset the Sergeant
18. 1942 WWII-set drama starring Greer Garson and #44-Across: 2 wds.
20. Lacking
21. At-home holiday
22. __ contendere (Court plea)
24. Car company
25. Lettered insurance co.
27. "Go on..."
29. ATV = All-__ Vehicle
33. Haze/pollution mixtures
35. Give the hoodlum a hand
37. Latin pronoun
38. Bull: Prefix
39. Iron
40. Pepper's partner
41. Heraldic border
42. Be part of a mob
43. Scatter
44. Saint John-born actor, Walter __
46. Tibetan ox
48. "The A-Team" star, __. _
49. Aug., Sept., __....
50. "__'Rent Strokes" (Sitcom)
52. Warmed too much
58. Feudal fellow
61. _._. __ (Weyburn, SK-born author of 1947 novel Who Has Seen the Wind)
62. Region
63. Director Mr. Kazan
64. Deed
65. Wound's remnant
66. Actress Laura
67. War horse
68. "Take this..."

Down
1. Animal attractions
2. Actress Jessica
3. Canadian classical pianist/broadcaster: 2 wds.
4. Authorization
5. Biblical hair guy
6. Rodgers and __ (Broadway composers)
7. Constellation bear
8. "Skip, skip, skip __ Lou...": 2 wds.
9. "Lemony __ A Series of Unfortunate Events" (2004)
10. Randy Bachman, for one
11. Actor, Zachary __
12. Margarine
13. City in Switzerland [var. sp.]
19. "CBC News Now with Reshmi __"
23. __ Cruces, New Mexico
25. Put _ __ to (Halt)
26. Porcelain piece of Japan
28. "Beyond the Sea" singer Bobby
29. Petulant
30. Home security systems company based in Toronto
31. More maladied
32. __ __. (Food packaging meas.)
34. Chant for music-making monks
36. Q. "Alphabet's 15 letter...?" A. "That would __ _."
39. Defends
43. Jet __ (Beach watercraft)
45. Genuine
47. Perplexed
51. USB __ drive
52. Due
53. Mouse-like critter
54. Gulf leader [var. sp.]
55. Take _ __ (Be setback)
56. Head: French
57. Canadian plus-size clothing chain, Addition __
59. Raise
60. Challenge

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

				8		4	7	9
7	6		9	3			8	
						1		
			1					3
9	5		2		4		1	8
1					8			
		9						
	4			6	3		9	2
8	3	2		1				

Yesterday's Sudoku

5	4	9	1	2	6	8	7	3
7	1	8	5	9	3	4	2	6
2	3	6	7	4	8	1	9	5
1	2	3	8	5	9	6	4	7
9	6	4	2	3	7	5	8	1
8	5	7	4	6	1	9	3	2
6	9	2	3	1	4	7	5	8
4	8	5	6	7	2	3	1	9
3	7	1	9	8	5	2	6	4

Weather

TODAY	THURSDAY	FRIDAY
MAX: 19° MIN: 10°	MAX: 18° MIN: 11°	MAX: 22° MIN: 10°

BT BREAKFAST TELEVISION

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